Stability and relaxation mechanisms of citric acid coated magnetite nanoparticles for magnetic hyperthermia.

M. E. de Sousa M. E.^a, <u>M.B. Fernández van Raap</u>^{ac}, P.C. Rivas^a, P. Mendoza Zelis^a, P. Girardin^a, G. Pasquevich^a, J. L. Alesandrini^a and F. H. Sánchez^a

a) Instituto de Física de La Plata (IFLP- CONICET), Departamento de Física, Facultad de Ciencias Exactas, Universidad Nacional de La Plata, c.c. 67, 1900 La Plata, Argentina. Tel +54 221 4246062 x 257 Fax +54 221 4236335 <u>c)</u> raap@fisica.unlp.edu.ar <u>Abstract:</u>

Magnetite (Fe₃O₄) nanoparticles are proper materials for Magnetic Fluid Hyperthermia applications whenever these conjugate stability at physiological (neutral pH) medium and high specific dissipation power. Here, magnetite nanoparticles 9 - 12 nm size, electrostatically stabilized by citric acid coating, with hydrodynamic sizes in the range 39 -55 nm and well dispersed in aqueous solution were prepared using a chemical route. The influence of media acidity during the adsorption of citric acid (CA) on the suspensions long term stability was systematically investigated. The highest content of nanoparticles in a stable suspension at neutral pH is obtained for coating performed at pH = 4.58corresponding to the larger amount of CA molecules adsorbed by one carboxylate link. Specific absorption rates (SAR) of various magnetite colloids, determined calorimetrically at a radio frequency field of 265 kHz and field amplitude of 40.1 kA/m are analyzed in terms of structural and magnetic colloid properties. Larger dipolar interactions, lead to larger Néel relaxation times, in some cases larger than Brown relaxation times, which in the present case enhanced magnetic radio frequency heating. The improvement of suspension stability results in a decrease of SAR values, and this decrease is even large in comparison with uncoated magnetite nanoparticles. This fact is related to interactions between particles.

Keywords: colloidal stability, magnetic fluid hyperthermia, relaxation mechanisms

1. Introduction

Stable dispersion of magnetic nanoparticles (MNP) have attracted much attention, in a first stage because of their rheological properties¹ that allow a dynamic control by applied fields, and more recently due to their widespread biomedical diagnostic and therapeutic applications^{2,3} such as visualization agents in magnetic resonance imaging⁴, therapeutic carriers in drug delivery^{5,6}, heat intermediaries in cancer treatment therapies^{7,8}, and labelers for *in vitro* and *in vivo* separation experiments⁹. The usefulness of the magnetic colloids for biomedical application at neutral pHs and the capability of MNP surfaces to become chemically functionalized.

Among many studied materials, Fe and its oxides are the unique FDA (US Food and Drug Admistration) accepted ones. The amphoteric surface of Fe oxides facilitates their functionalization. Subsequently, many protocols have been developed for its preparation by either high-temperature decomposition of an organic iron

precursor or low-temperature coprecipitation¹⁰. The MNPs produced by hightemperature decomposition methodology display better structural and magnetic properties but also hydrophobicity, then further work on MNPs surfaces for their stabilization in neutral conditions is needed. Stability in suspension is a major requirement for any biomedical application that involves injection in a living human being and results from the interplay between attractive dipolar and van der Waals interactions and repulsive electrostatic and steric interactions.

Steric stabilization includes coating with non-ionic surfactant molecules, polymers, and inorganic layers as silica or some noble metals¹¹. Among the routes employed for obtaining the water soluble functionalized iron oxide MNPs, the addition of small biocompatible organic molecules, such as aminoacids¹², peptides¹³, citric acid^{14,15,16}, and cyclodextrin¹⁷ presents the advantages of combining electrostatic and steric stabilization, assuring coating biocompatibility and providing functionality for biomolecule conjugation. Polymeric stabilization comparing with electrostatic one presents the advantage of reversibility from the aggregated state by dilution, but usually involves the binding of a large macromolecule resulting in a coated MNP with a large overall size which strongly modifies its hydrodynamic behavior. So, a renewed interest has appeared in iron oxide nanoparticles synthesized by coprecipitation and stabilized by functionalization of their surface using small molecules with large deprotonation ability like organic polyprotic acids, leading to electrosteric stabilization.

Citric acid (AH₃ with A= C₆H₅O₇) is a small molecule that has three carboxyl and one hydroxyl groups and is known to chemisorb to iron oxide nanoparticle by forming a carboxylate group with the Fe-OH molecules present on the nanoparticle surface, leaving one or two carboxyl groups negatively charge that can be used for other purposes. A positively charged drug¹⁶ and/or a fluorescent molecule, like for instance rhodamine¹⁸, can be bonded to them for applications in drug delivery or for *in-vitro* labeling studies, respectively. As the AH₃ molecule is small the nanoparticles hydrodynamic radii are not much enlarged, which is of importance in magnetic hyperthermia therapy applications. Differences evidenced in the rheological and microstructural properties of biocompatible citric acid coated magnetites prepared by different protocols based on the coprecipitation method have been recently discussed elsewhere¹⁵.

Magnetic Fluid Hyperthermia (MFH) is a therapy to treat cancer tumors. Briefly, MNPs exposed to a radio frequency (rf) field, absorbs energy from the applied field and dissipate this energy through magnetic relaxation effects locally raising the tumor temperature above 43 $^{\circ}$ C and selectively killing tumor cells⁷. The figure of merit of a given nanoparticle for this application is given by the specific absorption rate (SAR), which is defined as the heat power absorbed from the rf field per gram of magnetic material. Nowadays, active research is being executed on MNPs synthesis protocol to improve specific absorption rates in order to reduce the amount of material that has to be incorporated into a given tumor for its treatment and also in order to extend this kind of therapy to smaller tumors, which requires the attainment of larger SAR values. For single-domain MNPs, relaxation processes are of the Néel and Brown types. These processes correspond to the nanoparticle magnetic moment switching among its easy axis directions and the viscous friction due to the Brownian rotational diffusion of particle in the fluid, respectively. As both processes take place in parallel, the heating is driven by the one having the shorter characteristic time¹⁹. From the stabilization ways previously outlined, emerges either the possibility of using MNP with large hydrodynamic sizes (polymeric like coating) possibly resulting

in Néel driven process or using MNP covered with small organic molecules, as the ones studied here, which may dissipate through a Brown type process. The question of which of these mechanisms optimizes the heating process is still an open question, whose answering requires more experimental research.

In this work, highly stable and biocompatible magnetic suspensions of citric-acid coated Fe_3O_4 nanoparticles in water were produced as biomedical colloids suitable for energy dissipation under an external ac magnetic field in the *rf* range and appropriated for magnetic hyperthermia therapy. Moreover, the specific heating efficiency at a frequency of 265 kHz and field amplitudes of 20, 27.8 and 40.1 kA/m were determined and are discussed here in terms of the MNPs structural and magnetic parameters. Optimum synthesis conditions for long term suspension stability, as well as the performance of the obtained ferrofluids for *rf* heating, are determined for a wide range of experimental conditions. A detailed analysis of SAR measured values in terms of magnetic and structural colloid properties is addressed. Finally, the coated MNP were efficiently internalized by human lung adenocarcinoma A549 cells and its viability was analyzed by fluorescence-activated cell sorting (FACS) using Annexin - propidium iodide (PI) markers.

2. Experimental details

 Fe_3O_4 nanoparticles (core) were prepared by co-precipitation of ferric chloride and ferrous chloride in the presence of excess ammonia NH₄OH solution (AS) via a modified Massart method^{20,21}. The so obtained magnetite cores were negatively charged by CA adsorption over its surfaces. The coating was performed without leaving the wet route, in order to avoid nanoparticle surface passivation. Both steps, co-precipitation and CA adsorption, were carried out under a N₂ reflux, to assure anaerobic conditions, with continuous and vigorous magnetic stirring to assure reagents homogeneity, and at controlled constant temperature equal to 60 °C. The heating device was close loop controlled in order to assure temperature homogeneity and reproducibility.

Briefly, 2.75g of FeCl₃.4H₂O and 1.01g of FeCl₂.6H₂O were dissolved in 50 ml of bidestilled water each, mixed in a three-neck flask, and heated to the reaction temperature. Then, 3 ml of AS (25 % w/w) was added drop by drop and left to react for 30 min, after that, 75 ml of AS were added at a rate of 1 drop/s until the solution reach a pH of 10.5, high enough to prevent agglomeration due to surface charge. Isoelectric point (IEP) of magnetite is known²² to be in the pH range from 6 to 7 depending on the Fe²⁺ concentration and temperature. Then, the black precipitate was separated from the dispersion medium by means of a permanent magnet, mixed with a CA aqueous solution (0.02 g/ml), and left to react at 60 °C during 90 min to obtain citric acid coated magnetite. To yield uncoated magnetite (*u*), the black precipitated was washed several times and resuspended in water at a pH close to neutral one (7-7.4).

The pH at which CA was adsorbed to the MNP surface (pH_{ad}) was varied from 4.58 to 7.08. AS (0.25 % w/w) was used to adjust the suspension pH to pH_{sus} close to 7. Then the suspension was again placed in a permanent magnet during 600 s. By this way six colloids C_i (with *i*=1 to 6 for increasing pH_{ad}) were prepared. Each one of them was then divided in two parts: the suspension of MNPs that were immobilized with a permanent magnet (CP_i) and the suspension of the MNPs which remained suspended under the moderate magnetic field created by the magnet (CS_i). Details about the preparation of the six CS_i colloids of Fe₃O₄ nanoparticles coated at different

 pH_{ad} are given in table I. pH measurements were carried out with a pH-meter with ± 0.01 pH accuracy.

Common and standardized chemical volumetric analysis were used for colloid concentration [x] determination, expressed as magnetite mass per solvent volume with an accuracy of 2 %. $K_2Cr_2O_7$ was used as titrant.

Phase identification and core particle characterization were performed by X-ray diffraction (XRD) and Transmission Electron Microscopy (TEM) on dried samples. Dried coating easily hydrates hindering sample preparation for XRD analysis, especially in the more efficiently coated cases. The patterns were determined with a X'Pert Diffractometer within a 2θ range from 20 to 80 degrees. TEM images were obtained with a JEOL JELM 1200- EX microscope.

Zeta-potential measurements and Thermogravimetry (TG) combined with differential thermal analysis (DTA) were used to confirm coating achievement. Measurements were carried out on dried powder samples with a Shimatzu TG-50 and DTA-50 system. During measurements the samples were kept inside platinum crucibles and heated at a constant rate of 10 K/min under a flux of 50 ml/min of N₂. Laser Doppler Electrophoretic method was used to measure zeta-potentials (ζ [mV]) of 1 ml of colloid with a Malvern Zetasizer nano ZS90 device.

Specific magnetization (M) as a function of applied magnetic field (H) at room temperature was obtained using a VSM LakeShore 7404 vibrating sample magnetometer operated with a maximum applied field $\mu_0 H_{max} = 1.5$ Tesla or with a SQUID Quantum Design magnetometer with $\mu_0 H_{max} = 2.5$ Tesla. The later was also used to measure the magnetization temperature dependence under zero field cooled (ZFC) and field cooled (FC) protocols carried out at 2 K/min and $H_{FC} = 100$ Oe.

Hydrodynamic sizes were retrieved from Phase Analysis Light Scattering (PALS) of Dynamic Light Scattering (DLS) performed on CS_i colloids. Each sample was measured 10 times. Mean values (d_H) of the hydrodynamic sizes are reported in Table I.

Time-dependent calorimetric experiments were conducted exposing 1 cm^3 of the colloid, hold in a clear glass Dewar, to *rf* fields of 20, 27.8 and 40.1 kA/m amplitude and 265 kHz frequency. The temperature was sensed during treatment with a fiber optic sensor placed at the center of the sample. The sensor was connected to a calibrated signal conditioner (Neoptix) with an accuracy of ± 0.1 C. Colloid temperature was kept below 65 °C in order to minimize evaporation and prevent colloid destabilization.

SAR parameter was obtained from the initial slope of the heating curve with the expression

$$SAR = \frac{C}{[X]} \frac{\partial T}{\partial t}$$
[1]

where *C* is the volumetric heat capacity of the solvent (C=4.18 J/ K cm³), and [x] the MNP concentration given as mass of Fe₃O₄ per solvent volume unit.

A549 cells were grown as monolayer in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10 vol.% fetal bovine serum, and 0.5 mg ml⁻¹ streptomycin in a humidified 5% CO₂ atmosphere at 37 °C. For the MNP uptake, the cultures at 60 % confluence (24 h incubation time) were washed with phosphate buffered saline (PBS) and were incubated, in 18 ml DMEM doped with three distinct concentrations of 34, 67, and 135 μg_{Fe3O4} /ml culture medium, in 75 cm² flask during 12 h. Then, cells were washed four times with PBS to remove the non incorporated MNPs and trypsinized from each flask. From each A549 internalized

culture 10^6 cells were resuspended in Annexin-binding buffer and stained with 5 µl of Annexin and 5 µl of propidium iodide. Cells incubated without nanoparticles at the same condition of the internalized ones (36 h incubation time) were used as control.

3. Results and discussions

3.1 Stability analysis

The crucial step in the preparation of a stable aqueous suspension of MNPs resides on their surfaces engineering, in this case on the CA adsorption efficiency. Representative DTA-TG curves of citric acid and CS_i colloid are shown in Fig. 1a and 1b respectively. DTA curve at Fig. 1 a) displays a sharp endothermic peak at 157 °C without weight loss at the corresponding TG, assigned to fusion (ΔH_{fus} =-0.14 kJ/g) and a broad endothermic feature (centered at 217 °C) assigned to citric acid decomposition (Δ H=-0.55 kJ/g), happening in many steps. TG data shows an abrupt single step weight loss (onset at 209 °C) of 87.5 % due to AC decomposition. On the other hand, no fusion peak appears at DTA curve (Fig. 1b) of coated nanoparticle indicating the absence of free CA precipitation, exothermic peaks related to magnetite oxidation commencing around 200 °C are superimposed to attached CA decomposition. TG curve displays a two step weight loss (onsets at 175 and 222 °C) of 7.3 and 2.5 % which are attributed to desorption of citric acid molecules from the nanoparticle surface¹⁸. Two step weight loss is an indication of a bilayer coating formation, at the first layer the CA molecules are chemically attach to MNP surface and the second is bind to the first through hydrogen bonds. The later desorbs at lower temperature. Two step weight loss has been observed at MNP coated by bilayers of n-alkanoic acids²³. From the comparison of these thermogravimetric curves it is inferred that the binding of CA molecule to MNP surface was accomplished.

Both types of aqueous suspensions $(CP_i \text{ and } CS_i)$ are very stable and the MNPs remain suspended for periods of several months, being CS_i colloids extremely stable. For CS_i colloids the separation of the MNPs from the dispersion media was not even possible by three times centrifugation at 13000 rpm during 600 s. The mass fraction (f) of suspended nanoparticles, defined as the quotient of concentrations, measured at pH_{sus} , $f = [CS_i]/[C_i]$, was used as a parameter to quantify the CA adsorption efficiency and as a long term stability criterion. In Fig. 2, it can be seen that f decreases monotonically with pH_{ads}. The aqueous citric acid solution left to react with the oxide particles during the synthesis, consists of a pH dependent mixture of AH₃, AH₂, AH²⁻ and A³⁻. The molar fractions x_y (y = AH₃, AH₂, AH²⁻ and A³⁻) calculated using the known acid dissociation constant pKa₁=3.13, pKa₂=4.76 and $pKa_3 = 6.40$ are included in Fig. 2. The larger f value is achieved for CA adsorption at pH_{ads} = 4.58, when 60 % of CA molecules were negatively charged as AH_2^- and 40 % as AH^{2-} . The decrease of AH_{2-}^{-} and AH^{2-} occurring at pH larger than 5.5 disfavors stability. At pH values lower than 4.58 there is a large dissolution rate and the MNP dissolves during preparation²⁴.

Zeta-potentials (ζ) measurements of CS_2 , CS_4 , CS_6 and u colloids are shown in Fig. 3 and the mean ζ values against pH are displayed in Fig. 4. The isoelectric point (IEP) of coated nanoparticles is close to 2 and for pH > 4 the largest mean value of ζ is close to -36 mV. Results suggest that at larger pH_{sus} stability occurs when larger amount of AH₂⁻ is present at binding condition, i.e. larger amount of CA binds to the nanoparticles surfaces by one carboxylate leaving two free dangling ends. Further deprotonation of already bonded molecule occurs at pH value larger than pKa₃ = 6.40, providing electrostatic and steric stabilization. Mean ζ values as large as -36 mV confirms that the particles have become high negatively charged, and that the coating was accomplished. Our results differ from a previous work¹⁴ where the largest amount of magnetic nanoparticles in stable suspension at pH_{susp}= 10.1 was obtained with CA adsorption at 80 °C and pH_{ads}=5.2 where 70 % the molecules are twice deprotonated as AH²⁻ and 25 % once deprotonated, however the largest $|\zeta|$ determined in both works coincide because both were measured at pH values larger than pKa₃ where the three carboxyl groups are dissociated. A largest ζ value of -25.6 at pH 6 was obtained in other recent work¹⁶ were coated magnetite was optimized for drug delivery. A lower ζ value means less charge and may be related to a shorter adsorption time (30 min less).

3.2 Structural and Magnetic Analysis

Figure 5 illustrates typical x-ray diffraction patterns of uncoated magnetite before and after CA adsorption. The well defined peaks belong to the cubic spinel structure, indicating that the samples are single phase. The whole patterns were refined, including peak broadening due to crystallite size, using a cubic spinel structure (space group Fd3m) with lattice parameter a = 8.378Å and the O atoms arranged in a face centered- cubic lattice. Figure 6a displays a typical TEM image of *u*-MNPs (d_{TEM} = 9.9 ± 2.4 nm). These particles are not regularly facetted, instead they show spheroid-like forms and are quite aggregated. A representative TEM image of a coated colloid (*CS*₆) is shown fig 6b. The MNPs are spherical, more uniform and further apart from each other than uncoated nanoparticles. Chain like arrangements due to dipolar interactions appear. Mean size values estimated from TEM data are listed in table I.

Magnetic analysis was performed on dried colloid samples and on frozen uncoated and both CS_i and CP_i coated colloids. Each sample is a collection of single domain particles of magnetic volume V, and giant magnetic moment $\mu = M_s \rho V$ (ρ the mass density). Particles magnetocrystalline anisotropy axes are randomly distributed. The energy of this ensemble placed in a magnetic field H arises from three main contributions, the magnetic anisotropy energy, the particle magnetic moment Zeeman interaction with the applied field, and the dipolar interaction among particles.

The first and third energy terms dominate at low field, and then determine the magnetization behaviour as a function of temperature in FC and ZFC curves displayed in Fig. 7 for *u* and CS_2 samples. The absence of a maximum in the ZFC curve of the *u* sample indicates a blocking temperature room temperature due to aggregation and strong dipolar interaction between particles. The constancy of *M* almost in the whole FC curve is also a signature of a highly interacting system. The ZFC curve of CS_2 exhibits a maximum at the blocking temperature $T_{Bi} = 92$ K, and ZFC bifurcates from FC curve at the irreversibility temperature Ti = 140 K. For temperatures higher than Ti magnetization temperature dependence strongly departs from the Curie-like behavior ($M \sim H/T$) expected for a non interacting system. As temperature decreases from Ti the FC magnetization increases. Comparing ZFC-FC curves of uncoated and coated MNPs it is clear that citric acid coating prevents strong aggregation and lowers dipolar interaction, but still the system behaves as an interacting superparamagnet (ISP). Colloids blocking temperatures T_{Bi} obtained from ZFC data acquired from frozen colloids are listed in table I.

The second energy term dominates at high fields and is the main contribution to the hysteresis loops shown in Fig. 9. The mean particle magnetic moment $\langle \mu \rangle$ in all the studied samples is around 1.5 x 10⁴ $\mu_{\rm B}$, the anisotropy energy barrier K_{eff} V is

much smaller than the magnetic moment field interaction energy $\mu_0 \mu H$ and the magnetization of the particles at a given temperature and field can be modeled as:

$$M(T,H) = N \int_0^\infty \mu L \left(\frac{\mu_0 \mu H}{k_B T}\right) f(\mu) \, d\mu + \chi_a H \qquad (2)$$

where the Langevin function $L(x) = \operatorname{coth}(x) - 1/x$, being $x = \mu_0 \mu H / kT$, is log-normal convoluted with a distribution of magnetic moments $f(\mu) = \exp\left[-(\ln(\mu/\mu_m)/2\sigma^2)\right]/\mu\sigma\sqrt{2\pi}$ and χ_a is the high field susceptibility²⁵ related to surface magnetic disorder induced by the lack symmetry. Not fully coordinated atoms at the surface of the particle lead to a magnetically frustrated layer which does not saturate even at 10 K and 2000 kA/m (see inset at fig. 9a). The specific saturation magnetization is $M_s = N \langle \mu \rangle = N \int_0^\infty \mu f(\mu) d\mu$, where N is the particle number mass density and $\langle \mu \rangle$ the mean magnetic moment. χ_a values are of the order of 10^{-7} m³/Kg. Although the cycles are well fitted with eq. (2), and the derived M_s values are correct, the so obtained mean magnetic moments display an unexpeted temperature dependence²⁶. In fig. 8 the mean values $\langle \mu \rangle = \mu_m \exp(\sigma^2/2)$ for various CS_i samples, obtained from best fits of M vs. H data of dried colloid powders and frozen colloids, display an increasing behavior with temperature which is characteristic of ISP systems. Then, in order to determine the particle size distribution from the magnetic properties of each colloid and to compare it with the results obtained by TEM, $\langle \mu \rangle$ is derived from M vs. H data acquired from colloidal samples at room temperature (see figure 8) where the effect of the dipolar interaction on the recorded pattern is diminished. Using $\mu = M_{*}^{bulk} \rho V$ with magnetite density ρ =5175 kg/m³ and M_s^{Bulk} = 86 Am²/kg, a lognorm number distribution of magnetic core diameters $f(d_m)$ (with median $d_0 = (6\mu_0 / \pi M_s^{bulk} \rho)^{1/3}$ and $\sigma_{d_m} = \sigma/3$ for spherical particles) is derived from $f(\mu)$ (see figure 10). From mean $\langle d_m \rangle$, mean nanoparticle size is derived as $d = \langle d_m \rangle + \delta$ with $\delta = \langle d_m \rangle ((M_s^{bulk} / M_s)^{1/3} - 1)$ the magnetically frustrated surface layer thickness. From this analysis, it is concluded that the colloids CS_i and CP_i under study here, are single domain and behave as interacting superparamagnets. For CS_1 , CS_2 and CS_6 samples the size derived from magnetic cycles are larger than the mean sizes derived by TEM while for CS_3 , CS_4 and CS_5 the agreement is good. This discrepancy can be ascribed to the fact that TEM, although being a more direct determination, involves a smaller number of particles than the macroscopic magnetic measurement.

A charged particle moving in a solvent drags with it a layer of fluid molecules and counter ions, resulting in an entity with a quite large hydrodynamic diameter d_H . In effect, in this study it was found that d_H values are one order of magnitude larger than the overall nanoparticle size including CA coating (see table I).

3.3 Specific absorption rates (SAR)

The heating ability of the various colloids analyzed here was calorimetrically determined and typical heating curves are shown in Fig. 11. The time required to reach a given temperature, at fixed frequency, decreases with increasing field amplitude. SAR represents the power released per gram of magnetite upon ac-field application and is mainly given by the magnetization loop area. SAR values listed at table I and II were obtained from the initial slope of the heating curves using formula (1). These values range from 5.2 to 41.5 W/g for CS_i colloids, from 29 to 104 W/g for

 CP_i , and 203 W/g for *u*-MNP colloid. The inspection of figure 10 shows that for our samples there is no clear relation between SAR values neither with magnetic core sizes nor with distribution standard deviation σ_{dm} . For instance, CS₆, CS₄ and *u* colloid dissipates 5.2, 41.5 and 203 W/g respectively and all have nearly the same mean size. Main differences between these samples reside on saturation magnetization and blocking temperatures. Lower saturation magnetizations are assigned to larger magnetically frustrated layers δ , and larger blocking temperatures to interaction and aggregation.

Now we evaluate SAR data in terms of the colloids physical characterization given by Ms, $\langle d_m \rangle$, δ , T_{Bi} and d_H parameters listed in table I and II.

Through the linear response theory SAR parameter is theoretically given by¹⁹

$$SAR = \frac{\pi \mu_0 H_0^2 f}{\rho} \int_0^\infty \chi''(\tau(d)) f(d) \, dd \tag{3}$$

where μ_0 is the permeability of free space $(4\pi \times 10^{-7} \text{ H/m})$, f(d) is the size distribution of MNPs having diameters d, and χ'' is the out-of-phase magnetic susceptibility. SAR field amplitude dependence, plotted in Fig. 12, displays an increasing behavior as expected from formula (3). The dependence departs from the linear relation expected for SAR plotted against H_0^2 for H_0 values larger than a maximum field. Once this field is exceeded the area of the hysteresis loop does not change and SAR remains constant.

For non interacting nanoparticles χ'' is a function of the relaxation time (τ) as

$$\chi''(\omega) = \chi_0 \frac{\omega \tau}{1 + (\omega \tau)^2}$$
; with $\omega = 2\pi f$ and the dc-susceptibility $\chi_0 \simeq \frac{\mu_0 \rho^2 M_s^2 V}{3k_B T}$, for

small magnetic field amplitude. Because the colloids behave as interacting superparamagnets the dynamics of such systems strongly depends on many physical parameters related with the MNP properties and on the coupling strength. Wether the

relaxation is driven by Brown (
$$\tau_B = \frac{3\eta V_H}{k_B T}$$
) or by Néel (τ_N) mechanisms depends on

liquid carrier viscosity η , hydrodynamic particle volume (V_H), magnetic energy barrier E_a and attempt time τ_0 , being both E_a and τ_0 size dependent²⁷. The processes take place in parallel ($\tau^{-1} = \tau_B^{-1} + \tau_N^{-1}$) and prevails the one having the shorter relaxation time.

 τ_B values calculated at 300 K using data listed in table I and $\eta = 8.90 \ 10^{-4}$ Pa s for water, fall in the range 0.2 x10⁻⁴ - 0.72 x 10⁻⁴ s and are plotted vs. SAR at figure 14.

 τ_N for isolating particles is given by²⁸ by $\tau_N = \tau_0 exp(\sigma)$ with $\sigma_a = E_a/k_BT$ (4)

The energy E_a of isolated particles is equal to the magnetic anisotropy energy $K_{eff}V$ and K_{eff} is the size dependent effective anisotropy energy density. For spherical particles, assuming that the overall anisotropy of the particle is uniaxial, the relation $K_{eff}(d) = K_{bulk} + (6/d)K_s$ is commonly used, where $K_{bulk} = 1 \times 10^4$ J/m³ is the bulk anisotropy energy density of magnetite at room temperature and K_s is the surface anisotropy density. This $K_{eff}(d)$ relation models the increase of the anisotropy energy density with decreasing particle size and has been tested by K. Gilmore et al.²⁹ in magnetite particles grown inside three protein cages of distinct size, where the cage served to constrain particle size and shape and to mute interparticle interaction. Using this relation with $K_s(d)=2 \tanh(d/4)$, as in ref 29, we have retrieved K_{eff} for each particle size listed in table I. The corresponding τ_0 values were interpolated from

 $\tau_0(d)$ relation built from data in references 29 and 30. Evaluation of τ_N disregarding interactions results in values in the range $0.1 - 0.6 \ge 10^{-9} \le$.

To take into account that the magnetic moments of interacting particles fluctuate with different relaxation times than those of isolated ones, a total energy barrier given by $E_a = K_{eff}V + E_{int}$ was assumed³¹. The interaction energy E_{int} was deduced from the shift of ZFC maximum (Fig. 7), disregarding τ_0 dependence with interactions, with respect to a non interacting ensemble as $E_{int} = k_B(T_{Bint}-T_B)ln(t_m/\tau_0)$. Here T_B is the blocking temperature expected for non interacting particles of sizes listed in table I, as derived from the K_{eff} and τ_0 values mentioned above, T_{Bint} is the blocking temperature resulting from ZFC measurements (see table I), and $t_m \sim 100$ s the SQUID measuring time. Then, Néel relaxation time for interacting particles $\tau_{_{Nint}}$ was obtained with formula 4 with $\sigma = (K_{eff}V + E_{int})$. The results are shown in Fig. 13 where the relaxation times are plotted vs. SAR values determined with H_0 =40.1 kA/m i.e maximum used H_o value, larger than the anisotropy field. Interaction results in slower magnetic relaxation. A crossover between τ_{Nint} and τ_{B} behavior appears at 20 W/g. The larger SAR values come out with the more interacting colloids i.e for the particles displaying larger T_{Bi} (large E_{int} values). In those cases the process seems to be driven by Brown mechanism while for the other cases Néel mechanism prevails.

The uncoated magnetite results in a very unstable suspension but produces the largest SAR of 200 W/g. Although particle size is alike to those of coated particles the hydrodynamic size is 1.5 μ m (polydispersity index *PI*=0.5) indicating the presence or large clusters of particles moving in the fluid. Blocking temperature is around 300 K, due to strong interactions. The analysis outlined above for coated colloids, when applied to the uncoated colloid results in relaxation times various orders of magnitude larger. Still $\tau_B < \tau_{Nint}$, supporting the idea that interactions play an important role in magnetic fluid hyperthermia increasing nanoparticles energy dissipation.

SAR values against M_s are plotted in figure 14 for all CP_i , CS_i and u colloids. An increasing behavior is observed, as expected from χ_0 dependence with M_s irrespectively of nanoparticle size and dispersion. Lowering of M_s is assigned to a larger magnetically frustrated layer δ . Those CS_i colloids of MNP coated at lower pH_{ads} and displaying larger electrostatic stability present lower M_s values. The corresponding CP_i colloids display larger Ms and SAR values consistently with the idea of NPs having less coating material on their surfaces and being more effectively attracted to the magnet. These observations suggest that citric acid may have an influence on the surface of the MNP, producing larger frustrated layers which on one side improve nanoparticle suspension stability but on the other one lower SAR values. The optimum synthesis condition in order to accomplish both properties, extremely high stability in suspension at neutral pH and large SAR values is obtained by citric acid coating at pH_{ads} =6.25.

3.4 In vitro biocompatibility of CA-coated MNP internalized in A549 cells

The materials involve in the synthesis procedure (water, CA and magnetite) are known to display good biocompatibility. However, since interfacial processes may take place when NPs are dispersed in biological media changing their surface reactivity and consequently their toxicity³² we have tested the viability of our naoparticles in A549 cells. Annexin - PI staining was used to evaluate the cells necrosis and apoptosis because PI is only permeable to membrane of necrotic cells, while Annexin stains apoptotic and late apoptotic cells. After internalization with CS₄ colloids at concentrations of 34, 67, and 135 μ g_{Fe304}/ml, the percentages of viable

cells (see Fig. 15) are 94.7%, 95.1%, and 81.3%, respectively. Only for the highest concentration the culture shown viability decrease compared with 84.7% of control cells. The fact that the control culture shows a lower viability than the lower concentrated cultures may be due to an overgrown control culture.

Conclusions

We have presented a detailed and extensive study of synthesis conditions, magnetic properties, and radiofrequency dissipation efficiency of various biocompatible citric acid coated magnetite aqueous suspensions at neutral pH. Preparation method enables to control the long term stability of the suspension varying the citric acid adsorption pH. Largest stability at neutral medium is achieved for the nanoparticles coated at pH of 4.58, where citric acid mainly binds to the particle surface by one carboxylate leaving two free and charged dangling ends. Citric acid influence the surface of the MNP, producing thick magnetically frustrated layers which on one side improve nanoparticle suspension stability but on the other one reduce SAR values. Finally, our results indicate that dipolar interactions between the nanoparticles play a key role in Néel relaxation mechanism and dissipation efficiency. Magnetic relaxation becomes slower for interacting colloids and heating efficiency increases. Largest SAR values arise from the more interacting nanoparticles, a case where Néel relaxation times become larger than Brown relaxation times leading to Brown dissipation mechanism to prevail. It is shown that SAR data cannot be easily reproduced using the magnetic data and the most currently used theoretical expressions, due to the presence of dipolar interactions between the nanoparticles. Interaccion energy was included in the theoretical expressions through the quantity $\sigma = (K_{eff}V + E_{int})/k_BT$ and its value inferred from the blocking temperature shift.

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	[X]	pH _{ads}	pH_{sus}	M_s	d_m	$\sigma_{\!dm}$	δ	d_{TEM}	d_H	PI	T_{Bi}	T_B	SAR		
	(g/l)	±0.01	±0.01	(Am^2/kg)	(nm)		(nm	(nm)	(nm)		(K)	(K)	(W/g)		
)								
CS_1	13.4	4.58	7.44	16.0	7.1	2.5	5.3	9.5±1.6	38.8	0.35	81	28	14.4		
CS_2	10.7	4.91	7.34	9.7	7.0	2.4	7.5	8.2±2.4	59.8	0.48	92	41	4.29		
CS_3	18.3	5.50	6.97	24.9	6.0	2.8	3.1	9.3±1.7	42.0	0.19	166	13	28.0		
CS_4	13.1	6.25	7.22	26.0	7.1	3.4	3.4	11.9±3.5	40.8	0.23	196	18	41.5		
CS_5	5.6	6.88	7.10	17.7	5.8	2.5	4.0	9.4±2.0	55.8	0.27	132	16	12.1		
CS_6	7.4	7.08	7.22	11.5	6.7	2.4	6.4	6.8±1.9	53.4	0.46	126	32	5.2		

Table I: Synthesis, magnetic and structural characterization parameters and specific absorption rate (SAR) under a radiofrequency field of 265 kHz and 40.1 kA/m of magnetite aqueous colloids, stable in suspension under moderate magnetic fields.

 CS_i (*i*=1 to 6) labels colloids synthesized by one step co-precipitation at 60 °C, followed by citric acid adsorption at pH_{ads} medium acidity and finally suspended at pH_{susp}. X stands for concentration as mass of magnetite per solution volume; typical error is ± 0.2. Data derived from SQUID-DC magnetometry: M_s stands for specific saturation magnetization, d_m for magnetic core diameter, σ_{dm} for standard deviation and δ for magnetically frustrated layer thickness. d_{TEM} stands for nanoparticle diameter retrieved from TEM images, d_H and *PI* for nanoparticle hydrodynamic diameter and polydispersity index as determined by PALS, T_{Bi} for blocking temperatures determined from ZFC curve maximum, T_B blocking temperature for same size non interacting nanoparticles and SAR for Specific Absorption Rate at 41 kA/m and 265 kHz in Watts per gram of magnetite.

Table II: Magnetic characterization and radiofrequency dissipation of magnetite stable aqueous colloids and uncoated colloid.

Colloid	и	CP_4	CP_5	CP_6
SAR(W/g)	203	28.78	93.6	104.2
$M_s (Am^2/kg)$	67.1	33.6	56.1	70.6
$d_m(nm)$	6.8	7.9	7.7	8.4
$\delta(nm)$	0.6	3.2	1.2	0.6
[X]	8.28	6.1	10.2	6.0

 CP_i (*i* = 4, 5 and 6) labels colloids synthesized as detailed in table I and magnetically separated and *u* labels uncoated colloid. SAR stands for Specific Absorption Rate at 41 kA/m and 265 kHz in Watts per gram of magnetite. Data derived from SQUID-DC magnetometry: M_s stands for specific saturation magnetization, d_m for magnetic core diameter and δ for magnetically frustrated layer thickness.



Figure 1: TG and DTA plots of neat citric acid at upper part (a) and CS_i colloid at lower part (b).



Figure 2: Dots stand for the fraction (*f*) of MNP that remains stable at neutral pH after exposure to 0.1 T during 600 s, used as long term stability parameter, triangles for acid dissociation constants (*pKa*) and pH_{ads} for adsorption pH. Lines stand for theoretical calculations of molar fraction of the species composing the aqueous citric acid solution vs. adsorption pH_{ads} using equilibrium dissociation constants for deprotonation reactions.



Figure 3: Zeta potential (ζ) distribution of coated MNP measured at neutral suspension pH.



Figure 4: Mean Zeta potential (ζ) against suspension pH_{sus} . Lines stand to guide the eye and IEP for isoelectric point.



Figure 5: X-ray diffraction pattern of dried powder retrieved from u and CS_6 colloids with cubic spinel structure (space group Fd3m) indexation.



Figure 6: TEM images of uncoated (left) and citric acid coated particles (CS_6) (right), one citric acid coated MNP (down).



Figure 7: Specific magnetization temperature dependence for zero-field-cooled (ZFC) and field cooled (FC) protocols for: a) CS_2 and b) uncoated colloids (dried samples), acquired with H_{FC} =100 Oe and heating rates of 2 k/min



Figure 8: Mean magnetic moment derived from best fits of specific magnetization vs. applied field using formula 2, for various frozen colloids, colloids (290 K) and CS_2 dried powder.



Figure 9: Specific magnetization loops measured at 290 K for various colloids. Inset: CS_2 measurement at 10 K. Solid lines stand for best Langevin fits using formula 2.



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Figure 10: Log norm distribution of magnetic core diameters retrieved from the log norm magnetic moment distribution that fits the data in figure 8.



Figure 11: Heating curves at 265 kHz at various field amplitudes H_0 .



Figure 12: Specific absorption rate (SAR) field amplitude dependence. Doted lines stand for second order polynomial fits.



Figure 13: Brown relaxation times $\tau_B = \frac{3\eta V_H}{k_B T}$ calculated with $k_B = 1.3810^{-23}$ J K⁻¹, viscosity η =8.90 10⁻⁴ Pa s , T=300 K. Néel relaxation times $\tau_N = \tau_0 \exp(k_{eff} V/kT)$ of isolated nanoparticles calculated using size dependent anisotropy energy density $k_{eff}(d)$ and $\tau_0(d)$ interpolated from data in ref 29 and 30. Relaxation times τ_{Nint} for Néel mechanism taking into account size dependence and interaction.



Figure 14: SAR dependence with specific saturation magnetization.



Figure 15: Dot plot obtained from FACS data (Annexin/PI staining) of A549 cells. Control (a), after 12 h internalization at 34 μ g/ml (b), at 67 μ g/ml (c), and 135 μ g/ml (d).

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